

Success Stories

Brian M



Brian M. 3/25/19

When I first started coming to Central Care, I could barely get in or out of a chair and barely walk. Within just a couple weeks, I could touch my toes, sit down on my own and even ride a bike. All of this progressed week by week after my back surgery. Now, I can lift 50 pounds, walk or ride a bike for miles, and push 135 pounds! A BIG THANKS to Central Care Physical Therapy.