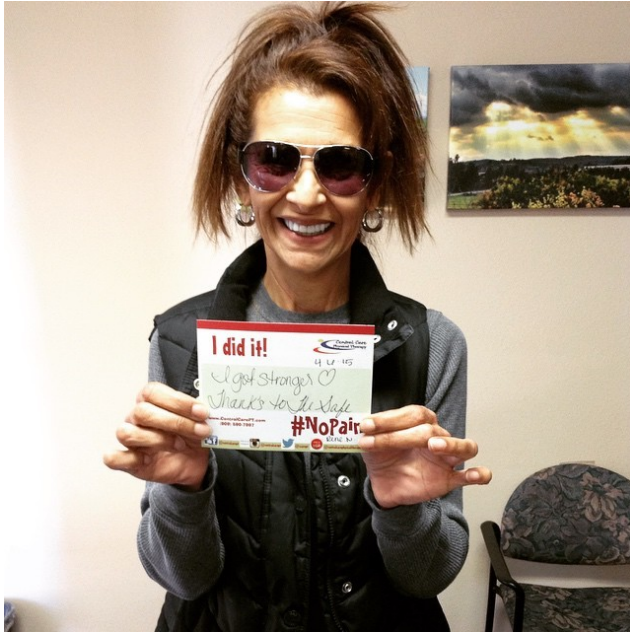


Success Stories

R.N.



" Thank you all so very much, I truly believe that I would not have come this far if it wasn't FOR ALL OF YOU. Jessica thank you for making my appointments for the whole month. jasmine thank you for pushing me and getting me to try a little more. and we have a new young lady who I know is going to give me a run for my money. and everybody else you know who you are thank you. but last but not least I have to give it to Christina my physical therapist who get those little fingers and massages me and breaks me down before I actually get started with my Pilates I think you I am blessed to have such a great team of women who are there for me will push me to my limit not to theirs who take their time we're considerate we don't see you as just someone coming by to do the same ol thing they make you feel like family and to me they are my family because I see them twice a week. my love to all of you I wouldn't be where I'm at today if it wasn't for each and everyone of you from the moment I walked in the door I'm happy to be there because I know I'm going to leave happy feeling better and it pushes me to come home and start all over the next day until I see you again. so my wonderful friends I give you 5 stars you're the greatest the nicest and you got me where I'm going and I'm going to keep it up see you soon love you all and I truly appreciate it "- Rene Noriega

" I TRULEY BELIEVE THAT I WOULD NOT

HAVE COME THIS FAR IF IT WASN'T FOR ALL OF YOU!"

-RENE NORIEGA